Endeavor Health

2026 EDW Medical Complications of Eating Disorders

Presented by: Philip Mehler, MD, FACP, FAED, CEDS



Description

Eating disorders are often inextricably connected to serious medical complications especially as the eating disorder becomes more severe and chronic. Therefore, expert medical care is required to care for these patients when their eating disorder has progressed in order to begin the medical stabilization process efficiently and effectively.

We are excited to welcome **Philip S. Mehler, MD, FACP, FAED, CEDS!** Dr. Mehler founded the ACUTE Center for Eating Disorders and Severe Malnutrition in 2001 and is internationally recognized as a leading authority on the medical complications of eating disorders. He has authored more than 600 scientific publications and five textbooks and is the only recipient of Lifetime Achievement Awards from both the Academy of Eating Disorders and iaedp™

Thursday, November 5, 2026
12:00 - 1:00 PM

10/26 Update: This event will be virtual only

Register HERE, or scan the QR code below

Objectives

1. Discuss medical implications of anorexia nervosa and Avoidant Restrictive Food Intake Disorder (ARFID).
2. Describe best practices for refeeding people with anorexia nervosa and ARFID.
3. Identify the most recent new medical findings to improve the care of people with eating disorders.

Questions

Contact us at eeh-acme@endeavorhealth.org

Accreditation

Physician Credit
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Illinois State Medical Society. Endeavor Health: Edward-Elmhurst Hospitals is accredited by the Illinois State Medical Society to provide accredited continuing medical education for physicians. Endeavor Health: Edward-Elmhurst Hospitals designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Participant Credit
Other participants will receive a Certificate of Participation. For information on the applicability and acceptance of certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by the ACCME/ISMS, please consult your professional licensing board.

CNE & CPD Credits
Continuing education provided by Eating Recovery Center and Pathlight Mood & Anxiety Center, jointly accredited by ACCME, ACPE, and ANCC.

Illinois State Medical Society